



## **Protecting Your World Online - Cybersecurity Tips for All Ages**

Security extends beyond access gates and walls. Currently, much of our vulnerability lies in the online environment, where opportunistic criminals exploit lapses in everyday behaviour as readily as they do physical weaknesses.

October is Cybersecurity Month, and 24/7 Security Services encourages everyone to adopt proactive habits.

By integrating these simple yet effective safeguards, individuals can significantly reduce risks to both their homes and personal well-being.

### **For Business People**

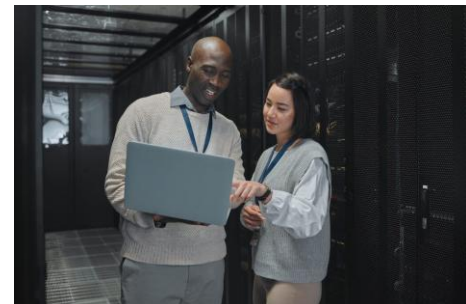
**Adopt strong password practices** – Use unique, complex passwords for business accounts and enable multi-factor authentication wherever possible.

**Protect company data** – Store sensitive documents on secure, encrypted platforms, not on personal devices or unverified cloud services.

**Beware of phishing** – Treat unsolicited emails, WhatsApp messages, or calls requesting confidential details with suspicion. Verify before you click or share.

**Update systems regularly** – Ensure your business devices, software, and apps are kept up to date with the latest security patches and updates.

**Train your staff** – Cybersecurity is everyone's responsibility. Regular awareness sessions reduce the risk of costly breaches.



### **For Adults**

**Think before you click** – Be cautious with unexpected emails or links, especially those promising rewards or urgent action.

**Secure your banking** – Use only official banking apps or websites. Avoid transacting on public Wi-Fi.

**Keep personal data private** – Limit the amount of personal information you share on social media. Criminals use these details to target victims.

**Back up important files** – Store copies of key documents and photos on a secure drive or cloud service.

**Use reputable security software** – Install antivirus and firewall protection on all devices.

### **For Seniors**

**Be cautious with strangers online** – If someone you don't know contacts you via email, phone, or social media, never share personal or financial details.

**Verify requests for money** – Scammers often pose as relatives in distress. Always confirm directly with family before sending funds.

**Use simple, strong passwords** – Even if difficult to remember, avoid using "123456" or your name. A trusted family member can help set up a secure system.

**Check website safety** – Look for "https://" and a padlock icon before entering personal information.

**Ask for help** – If you're in doubt about a message or website, consult a trusted friend or family member before taking action.



### **For Students**

**Protect your accounts** – Never share your passwords with friends. Use two-factor authentication for email and social media.

**Think before you post** – What you put online can affect your reputation and future opportunities.

**Beware of free downloads** – Free games, apps, or music may contain harmful software. Download only from official app stores.

**Stay alert to scams** – Be sceptical of offers for free airtime, scholarships, or prizes online.

**Balance screen time** – Cybersecurity includes well-being. Avoid overexposure to unsafe or harmful content.

### **For Children**

**Keep secrets safe** – Your passwords are like your house keys – never share them, even with friends.

**Talk before you click** – Always ask a parent or teacher before downloading apps or opening links.

**Be kind online** – Never say or share anything that could hurt others.

**Stranger danger applies online** – Do not chat with people you do not know in real life.

**Tell an adult if something feels wrong** – If you see something upsetting online, speak up straight away.



**#SafetyFirst**

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